

Bishop Garrigan Schools November 2018 Lunch Menu

Lunch: Milk Options Available Daily

Lettuce/Veggie Bar available daily for grades 5-12

Menus Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
			1 L) Riblet or French Dip w/Bun Tri-Tater Green Beans Orange Slices	2 L) Chicken Fajita (Chicken Wrap) Black Beans / Carrots Roasted Peppers & Onions Spanish Rice Rosy Applesauce
5 Mac & Cheese Broccoli Peas Strawberries	6 Taco Straw Hat Corn / Refried Beans Lettuce / Tomato / Cheese Banana Cookie	7 Chicken Nuggets Seasoned Rice California Blend Peas M. Oranges	8 Meatloaf Burger w/Bun Mashed Potatoes and Gravy Corn Pears	9 Chicken & Wild Rice Soup Broccoli and Cheese Soup Garlic Bread Stick Salad Bar (Romaine Salad) Roma Tomatoes Orange Slices
12 Mini Corn Dogs Sweet Potato Fries Glazed Carrots California Blend Veggies Peaches	13 Breaded Pork Patty w/Bun Baked Beans Green Beans Banana	14 Mandarin Orange Chicken Or Beef Teriyaki Bites Broccoli / Peas Seasoned Rice Fortune Cookie M. Oranges	15 Hot Dog or Brat w/Bun Tri-Tater Coleslaw Pears Jello	16 Spaghetti w/ Meat Sauce Corn Mixed Veggies Cheesy Bread Stick Applesauce
19 Chili Cinnamon Roll Fresh Carrots & Celery w/Dip Red Pepper Slices Peaches	20 Sub Sandwich Potato Salad Broccoli Salad Chips Banana Pumpkin Dessert	21 Crispito Cheese Sauce Refried beans Corn Rice Orange Slices	22 No School Happy Thanksgiving	23 No School
26 Chicken Strips Mashed Potatoes w/Gravy Glazed Carrots Dinner Roll Strawberries	27 Taco in a Bag Lettuce/Tomato/Cheese Salsa Corn/Refried Beans Cookie Banana	28 National French Toast Day! French Toast Sticks Egg Patty Tri-Tater / Celery Sticks Fruit Juice 7-12 Yogurt	29 BBQ Pork w/Bun Mashed Sweet Potatoes Corn Orange Slices	30 Chicken Alfredo Broccoli Green Beans Garlic Bread Stick Peaches

Iowa Non-Discrimination Statement:

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."

Bishop Garrigan Schools November 2018 Breakfast Menu

Breakfast: Served with 8 oz Milk, 4 oz. juice Cereal and Toast option available daily

Monday	Tuesday	Wednesday	Thursday	Friday
			1 B) Breakfast Pizza, Oranges	2 B) Fruit & Yogurt Parfait, Muffin
5 B) Omelet, Toast, Applesauce	6 B) Pancake Stick, M. Oranges	7 B) Egg, Sausage, Toast, Banana	8 B) French Toast Sticks, Peaches	9 B) Muffin, Yogurt, Applesauce
12 B) Omelet, Toast Applesauce	13 B) Mini Pancakes, Sausage Links, Apple Slices	14 B) Egg, Sausage, Toast, Banana	15 B) Sausage, Gravy & Biscuit Oranges	16 B) Mini Doughnuts, Yogurt, Oranges
19 B) Omelet, Toast, Applesauce	20 B) Scrambled Egg Bake, Toast, Pears	21 B) Egg, Sausage, Toast, Banana	22 No School	23 No School
26 B) Omelet, Toast, Applesauce	27 B) Pancake Stick, M. Oranges	28 B) Egg, Sausage, Toast, Banana	29 B) Breakfast Pizza, Oranges	30 B) Fruit & Yogurt Parfait, Muffin

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