

Fall Salad Menu
August - September – October - November

Monday

Oriental Chicken Salad
Romaine & Spinach Mix with Chicken Tenders
Shredded Cheddar Cheese, Baby Carrots, Mandarin Oranges and
Crunchy Chow Mein Noodles
Chex Mix

Tuesday

Chicken Caesar Salad
Romaine & Spinach Mix with Grilled Chicken Strips
Grape Tomatoes and Sliced Cucumber,
Topped with Grated Parmesan Cheese and Homemade Croutons
Dinner Roll
Caesar Dressing Available

Wednesday

Seasoned Chicken Strips Salad
Romaine & Spinach Mix
Seasoned Chicken Strips (Gluten Free), Sliced Hard Boiled Egg,
Grape Tomatoes, Baby Carrots, Cheddar Cheese Cubes
Goldfish Crackers

Thursday

Taco Salad
Shredded Lettuce with Seasoned Taco Meat
Shredded Cheddar Cheese
Diced Tomatoes, Corn Tortilla Chips
Salsa Cup
Sour Cream Available

Friday

Chef Salad
Romaine & Spinach Mix with Diced Ham
Hard Boiled Egg, Baby Carrots, Grape Tomatoes
and Shredded Cheddar Cheese
Blueberry Snack Bread

A serving of Fruit may be taken from the serving line with your salad

Garrigan Staff, High School, 7th Grade, and 8th Grade Students may sign up daily
before 9 AM in the office to receive a salad for lunch