

Bishop Garrigan Schools January 2019 Lunch Menu

Lunch: Milk Options Available Daily

Lettuce/Veggie Bar available daily for grades 5-12

Menus Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 Beef Burger WG Bun Tri-Tatar Baked Beans Orange Slices	4 Wisconsin Cheese Soup or Potato Soup Dinner Roll Salad Bar (Romaine Salad) Fresh Veggies w/Dip Applesauce
7 Cavatina Cheesy Breadstick Peas Broccoli Grapes	8 Hot Meatball Sub WG Bun Green Beans / Corn Banana 7-12 Mozzarella Stick Marinara Sauce	9 Chicken Patty WG Bun Mixed Veggies Mashed Potatoes Pears	10 Chicken Fajita w/Wrap (Chicken Wrap) Black Beans Carrots Seasoned Rice Applesauce	11 Grilled Cheese Tomato Soup Fresh Carrots Salad Bar (Romaine Salad) Kiwi
14 Mac & Cheese Broccoli Peas Strawberries	15 Taco in a Bag Corn / Refried Beans Lettuce/Tomato/Salsa Cheese Banana Cookie	16 Riblet or French Dip WG Bun Tri-Tatar Green Beans Orange Slices	17 Meatloaf Burger WG Bun Mashed Potatoes w/Gravy Corn Pears	18 Chicken Gravy & Biscuit Peas Carrots M. Oranges
21 Mini Corn Dogs Sweet Potato Fries Glazed Carrots California Blend Peaches	22 Breaded Pork Patty WG Bun Baked Beans Green Beans Banana	23 Mandarin Orange Chicken Or Beef Teriyaki Bites Broccoli / Peas Seasoned Rice Fortune Cookie Mandarin Oranges	24 Hot Dog or Cheesy Brat WG Bun Tri-Tatar Coleslaw Pears Jell-O	25 Chicken Noodle Soup or Vegetable Beef Soup Salad Bar (Romaine Salad) Cheesy Breadstick Apple slices
28 Cheese or Sausage Pizza Broccoli Green Beans Pineapple	29 Taco Straw Hat Corn Refried Beans Lettuce/Tomato/Cheese Banana Cookie	30 Chicken Nuggets Seasoned Rice California Blend Peas M. Oranges	31 Breakfast for Lunch! Pancake Egg & Sausage Hash brown Fresh Fruit Juice	1 Chili Cinnamon Roll Fresh Carrots Celery w/Dip Red Pepper Slices Peaches

Iowa Non-Discrimination Statement:

“It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>.”

Bishop Garrigan Schools January 2019 Breakfast Menu

Breakfast: Served with 8 oz Milk, 4 oz. juice Cereal and Toast option available daily

Monday	Tuesday	Wednesday	Thursday	Friday
			3 B) French Toast Sticks, Peaches	4 B) Mini Doughnuts, Yogurt, Oranges
7 B) Omelet, Toast Applesauce	8 B) Mini Pancakes, Sausage Links, Apple Slices	9 B) Egg, Sausage, Toast, Banana	10 B) Breakfast Pizza, Oranges	11 B) Fruit & Yogurt Parfait, Muffin
14 B) Omelet, Toast, Applesauce	15 B) Scrambled Egg Bake, Toast, Pears	16 B) Egg, Sausage, Toast, Banana	17 B) Sausage Gravy & Biscuit, Oranges	18 B) Muffin, Yogurt, Applesauce
21 B) Omelet, Toast, Applesauce	22 B) Pancake Stick, M. Oranges	23 B) Egg, Sausage, Toast, Banana	24 B) French Toast Sticks, Peaches	25 B) Mini Doughnuts, Yogurt, Oranges
28 B) Omelet, Toast, Applesauce	29 B) Mini Pancakes, Sausage Links, Applesauce	30 B) Egg, Sausage, Toast, Banana	31 B) Breakfast Pizza, Oranges	1 B) Fruit & Yogurt Parfait, Muffin

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