

Bishop Garrigan Schools December 2018 Lunch Menu

Lunch: Milk Options Available Daily

Lettuce/Veggie Bar available daily for grades 5-12

Menus Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
3 Grilled Cheese Tomato Soup Carrots Salad Bar Kiwi	4 Hot Meatball Sub WG Bun Green Beans Corn Banana 7-12 Mozzarella Stick w/Marinara	5 Chicken Patty WG Bun Mixed Veggies Mashed Potatoes Pears	6 Chicken Fajita (Chicken Wrap) Black Beans Carrots Seasoned Rice Applesauce	7 Lasagna Cheesy Breadstick Peas Broccoli Grapes
10 Baked Potato Bar Cheese Sauce Diced Ham Broccoli Brownie Bite Apple Slices	11 Hard or Soft Shell Taco Lettuce/Tomato/Cheese Black Bean & Corn Salsa w/Chips Banana Cookie	12 Riblet or French Dip WG Bun Tri-Tatar Green Beans Orange Slices	13 Cheese Burger WG Bun French Fries Mixed Veggies Applesauce	14 Chicken & Biscuit Peas Carrots Strawberries
17 Mandarin Orange Chicken or Beef Teriyaki Bites Broccoli Peas Rice Fortune Cookie Mandarin Oranges	18 Chicken Noodle Soup Vegetable Beef Soup Salad Bar (Romaine Salad) Cheesy Breadstick Pears	19 Breaded Pork Patty WG Bun Baked Beans Green Beans Banana	20 Chicken Strips Mashed Potatoes with Gravy Glazed Carrots Dinner Roll Strawberries	21 PB & J Jamwich Baby Carrots w/ranch Chips Apple Slices 7-12 String Cheese
Christmas Break Classes Resume January 3rd				

Iowa Non-Discrimination Statement:

“It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>.”

Bishop Garrigan Schools December 2018 Breakfast Menu

Breakfast: Served with 8 oz Milk, 4 oz. juice Cereal and Toast option available daily

Monday	Tuesday	Wednesday	Thursday	Friday
3 B) Omelet, Toast, Applesauce	4 B) Mini Pancakes, Sausage Links, Apple Slices	5 B) Egg, Sausage, Toast, Banana	6 B) French toast Sticks, Peaches	7 B) Fruit & Yogurt Parfait, Muffin
10 B) Omelet, Toast, Applesauce	11 B) Scrambled Egg Bake, Toast, Pears	12 B) Egg, Sausage, Toast, Banana	13 B) Sausage, Gravy & Biscuit, Oranges	14 B) Muffin, Yogurt, Applesauce
17 B) Omelet, Toast Applesauce	18 B) Pancake Stick, M. Oranges	19 B) Egg, Sausage, Toast, Banana	20 B) Breakfast Wrap, Peaches	21 B) Mini Doughnuts, Yogurt, Oranges

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