

Spring Salad Menu



March, April & May

Monday

Seasoned Chicken Strips Salad

Romaine & Spinach Mix
Seasoned Chicken Strips (Gluten Free), Sliced Hard Boiled Egg
Grape Tomatoes, Baby Carrots
Cheddar Cheese Cubes
Chex Mix

Tuesday

Chicken Fajita Salad

Romaine & Spinach Mix
Chicken Fajita Strips, Shredded Cheddar Cheese
Grape Tomatoes and Grilled Corn
Black Beans on the side
Mini Corn Tortilla Chips

Wednesday

Berry Chicken Salad

Romaine & Spinach Mix
Grilled Chicken Strips
Sliced Strawberries, Diced Cucumbers, Sliced Red Onion
Shredded Mozzarella Cheese
Raspberry Vinaigrette Dressing
Blueberry Snack Bread

Thursday

Taco Salad

Shredded Lettuce
Seasoned Taco Meat, Shredded Cheddar Cheese
Grape Tomatoes and a Salsa Cup
Tortilla Chips

Friday

Chef Salad

Romaine & Spinach Mix
Grape Tomatoes, Baby Carrots
Sliced Hard Boiled Egg, Shredded Cheddar Cheese
Diced Ham (Cottage Cheese during Lent)
Soft Baked Pretzel

**A serving of Fruit may be taken from the serving line with your salad
7th – 12th Grade School Students and Staff may sign up daily before 9 AM in the office.**

This institution is an equal opportunity provider