

# Winter Salad Menu

## December, January, February

### Monday

BBQ Chicken Salad  
Romaine & Spinach Mix  
Chicken Tenders, Shredded Cheddar Cheese,  
Corn, Fried Onion, Grape Tomatoes  
Mini Tortilla Chips

### Tuesday

Side Salad & Croissant  
Side Salad of Romaine & Spinach Mix  
Baby Carrots  
Homemade Chicken Salad on a Croissant  
(Diced Chicken, Celery, Grapes)  
Mozzarella Cheese Stick  
Baked Chips

### Wednesday

Winter Apple Salad  
Spinach & Romaine Mix  
Grilled Chicken Strips  
Diced Apple, Diced Celery, Craisins,  
Soft Baked Pretzel  
Balsamic Vinaigrette Available

### Thursday

Taco Salad  
Shredded Lettuce with Seasoned Taco Meat  
Shredded Cheddar Cheese, Grape Tomatoes  
Corn Tortilla Chips w/Salsa Cup  
Sour Cream Available

### Friday

Chef Salad  
Mixed Greens with Diced Ham  
Hard Boiled Egg, Baby Carrots, Diced Cucumber,  
and Shredded Cheddar Cheese  
Blueberry Snack Bread

A serving of Fruit may be taken from the serving line with your salad

7-12 Grade Students and Staff may sign up daily before 9 AM in the office  
to receive a salad for lunch